



Pre-Operative Instructions for Oral Sedation

1. Prior to Your Appointment

- No food or drink (including water) for 6 hours before your appointment unless otherwise directed by your dentist.
- Take prescribed medication (sedative) as directed with a small sip of water and bring remaining pills with you to your appointment. Do not take any sedative on your own. Only take the one prescribed by your dentist for this visit.

2. Transportation Requirements

- You must have a responsible adult (18 or older) drive you to and from the appointment. - This person must stay in the office or nearby during your procedure and remain with you for several hours afterward.
- You may not drive, operate machinery, or make important decisions for at least 24 hours after sedation.

3. After the Appointment

- You may feel drowsy for several hours. This is normal.
- Avoid alcohol, smoking, or taking any non-approved medications for 24 hours.
- Do not sign legal documents or make major decisions for 24 hours.
- Eat only soft foods until numbness wears off. Resume normal diet when fully alert and advised by your dentist.

Contact Us Immediately If You Experience:

- Vomiting that doesn't stop
- Difficulty breathing
- Severe or prolonged confusion
- Any other concerning symptoms

: Farmersville 469-812-7100 Van Alstyne 903-482-6339